

Chemical additives blamed for ADHD symptoms

Attention Deficit Hyperactivity Disorder (ADHD), also known as Attention Deficit Disorder or Hyperactivity, is a much disputed, debated and discussed ailment. It is said there are as many theories for its cause as there are doctors who treat it.

ADHD is diagnosed by symptoms alone. There is no blood test to identify it. This makes it difficult to be sure if a child labeled ADHD really needs the drugs prescribed to control the condition. Parents often complain that the drugs used, such as Ritalin, leave the children in a zombie-like state.

Twenty years ago, Dr. Benjamin Feingold gave the parents of many ADHD children new hope with his book, "Why Your Child is Hyperactive."



By Katrina Elksen,
Contributing Editor

Dr. Feingold became involved in the study of ADHD while working with allergy patients. He had some patients who seemed to be having allergic reactions, yet they did not test positive for allergies on routine

tests. He came to suspect that these people were having allergic reactions, such as rashes, due to sensitivity to food additives. The doctor tested this theory by putting the patients on restrictive diets. He figured such a diet, which eliminated any foods with artificial colors or flavorings, certainly could not hurt the patients.

In these test cases, the diet worked. The rashes and other allergic reactions cleared up.

Then the doctor received calls from another doctor at the same institute. It turned out a patient he treated for allergies was also being treated by the psychiatric department. The psychiatrist wanted to know just what Dr. Feingold had done to the woman. It turned out that

changing diet had also changed her behavior.

Before being treated by Dr. Feingold, the woman was "out of control" emotionally and had trouble concentrating. On the food additive free diet, she was noticeably calmer and happier, and reported that she felt more in control of her life.

The doctor started studying the effects of food additives on behavior and found that some people are more sensitive to these chemicals than others.

He began working with children who had been diagnosed with ADHD and in hundreds of test cases found that they benefited from an additive-free diet.

In some cases, the diet also had to be free of salicylates. Salicylates are found in aspirin and

in foods such as almonds, apples, apple cider, apricots, berries, cherries, chili powder, cloves, coffee, cucumbers, currants, grapes, mint, nectarines, oranges, peaches, bell peppers, chili peppers, pickles, plums, prunes, raisins, tangerines, tea, tomatoes, vinegar and wine. Salicylates are believed to disrupt brain chemistry in some children, hence the behavior problems. It's a food sensitivity reaction.

Parents became very interested in Dr. Feingold's work and other doctors began contacting him regarding the connection of food additives to ADHD.

Dr. Feingold developed a diet plan, complete with suggested recipes and menus. While he states in his book that parents

should discuss any treatment plans with their child's doctor, he also points out that parents are the ones with control over the child's diet.

Eliminating foods with chemical additives certainly couldn't hurt a child. While there might be some debate about just how harmful the additives are, they certainly aren't good for you.

"Why Your Child is Hyperactive," is available from the public library.

(Future columns will contain more information about ADHD and childhood nutrition. If you are a parent, teacher or doctor who would like to share their personal experiences with ADHD children, write to Katrina Elksen, P.O. Box 639, Okeechobee, Fla. 34973.)

Remember: Your doctor is your employee

By Dick Randall, *Specialty for Seniors*

As an optometrist providing vision care to my patients and looking after their eye health before I retired, I would often tell my patients that I was their employee and they could fire me at any time if I did not provide the quality services they wanted and often needed.

This was a new concept to most of them, but as they thought about it, they began to realize that they had really hired me to provide services to them, that they paid me for those services, and yes, they could "fire" me at any time and go to another doctor for their eye care.

I was trying in my own way to let my patients know that they should expect quality, courteous care from all their health care providers. If not, they could end the relationship and find a new physician that met those requirements.

Since we are at times most dependent on our physicians, doesn't it make sense to have one with whom we have established a good patient/physician relationship?

Tell your physician that you are interested in improving the relationship between yourself as a patient and him/her as your doctor, that you have set a goal of healthy aging and living longer, and ask if they have any suggestions. If they don't show interest, it might be time to consider changing doctors.

Please remember that I am not suggesting that you fire your doctor. What I am suggesting is that you consider that your doctor is your employee and that you base your continuing relationship on how well your physician provides services to you and your family members.

Bottom Half of Class
Another little tidbit I used to tell my patients was that one of every two doctors graduated in the bottom half of their class. Did they know which half of the class their doctor was in at the time of graduation?

We all tend to assume our doctor is well educated and a capable, caring physician. However, all doctors do not have equal skills, just as all carpenters, all electricians, and all plumbers do not have equal

skills. Some doctors are simply better than others. Is your doctor one of the better ones? If yes, thank your lucky stars. If not, don't hesitate to ask your friends and neighbors about their doctors. Since the physician is your employee, it seems reasonable to hire the best available.

My Insurance Pays My Doctor

If you accept that your doctor is your employee, it shouldn't make any difference who actually pays the doctor for the medical services rendered. Of course, if you pay him/her out of your own pocket, you may feel stronger that the doctor is your employee as compared to when someone else pays the bill.

The point I'm trying to make is that your physician is someone you hire when you go to him/her for health care. You have a choice as to who you hire.

For example, I know of someone who had surgery done at a hospital near home. There were some complications during surgery and my friend wanted a second opinion. He then saw a

new doctor at the Mayo Clinic for further care. In effect, he had fired the first doctor and hired a second.

But I Belong to an HMO

Usually, HMOs have a number of physicians with the same specialties within the HMO group. If you are not satisfied with one particular doctor, ask if you can be seen by one of the other doctors with the same specialty.

I remember one patient who was seeing an ophthalmologist in an HMO. She did not feel that the doctor was listening to her complaints with any real interest. She further felt that her doctor had formed an opinion about her eye problem and was not agreeable to her suggestion that there may also be another underlying problem that needed treatment. She asked for and received permission to see another ophthalmologist within the HMO group. The new doctor reached a different conclusion than the first and effectively treated her with different medications.

Fresh, New Approach
Sometime we get into a rut with our doctor. We tell him/her

the new symptoms we're experiencing, or that we know something has changed but we don't know what.

At times, our present doctor may not listen to what we have to say. If we switch doctors, we may be able to get a fresh, new approach to our health problems.

Is your present doctor someone you would enthusiastically

recommend to a good friend, your spouse, your children? Would you feel that your present doctor would provide the highest level of professional care and skills to that person?

If not, consider that your doctor is your employee. Stand by the good ones, and don't hesitate to switch if it is in your best interest and leads to better care.

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Medicare now pays for yearly mammograms

Congress has changed how often Medicare will pay for mammograms. Now, Medicare will help pay for a mammogram every year, for beneficiaries older than 40 years of age. Previously, Medicare covered mammograms only every other year. This new benefit should help reduce deaths from breast cancer.

"Mammograms are an effective way to detect early breast cancer, and Medicare beneficiaries should get them yearly," according to Luis Miranda, I.D., M.P.H. of Florida Medical Quality Assurance, Inc. (FMQAI). "Statistics show that only about 40% of women on Medicare get regular mammograms."

"The importance of mammograms for Medicare beneficiaries is underscored by the fact that the risk of developing breast cancer for women over 65 is six times greater and the risk of death is seven times greater than it is for younger women. Breast cancer is the

second leading cause of cancer death in women. Each year, about 180,000 new cases in the U.S. are diagnosed and approximately 46,000 of these women die.

All female Medicare benefi-

ciaries, regardless of age, are also entitled to a free Pap smear and pelvic examination (including a clinical breast exam) once every three years. Medicare pays 80% of the approved cost of mammograms

and 100% of the cost of Pap smears.

Medicare beneficiaries can call FMQAI at 800-844-0795 with their concerns about the quality of medical care or questions about Medicare rights.

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The Sun INVITES YOU TO SPEAK OUT! 996-6636



Speak Out is our 24-hour opinion line. Call 996-6636 to express your opinion or ask questions about public issues. You are not required to give your name. While we want you to speak out freely, the newspaper reserves the right to edit calls for clarity, brevity, relevance and fairness.

Caller wants activity bus

"I'm a concerned parent. I'm calling about JV football games. I have a son who plays football and I'm calling about an activity bus.

After the game they have to catch a ride home and I feel they should have an activity bus. I would like for you to check into that and ask Dr. Grear about getting a bus so the kids can arrive home safely and the parents don't have to be worried about them.

Thank you."

Take some pride

"I have noticed that repairs to Martin Luther King Jr. Blvd. are almost finished. The street has been repaved, the sidewalks and gutters redone and it will look and ride much better soon.

I just wish the residents who live along that area would take a look at the sidewalks and grassy areas down that street after it is all finished. Couldn't you pick up, clean up, mow and make it look better?

There is so much trash and junk along this roadway it is disgusting. Come on people, take

pride in where you live. You have a nice street. Clean it up and keep it up. Please."

Low voter turnout

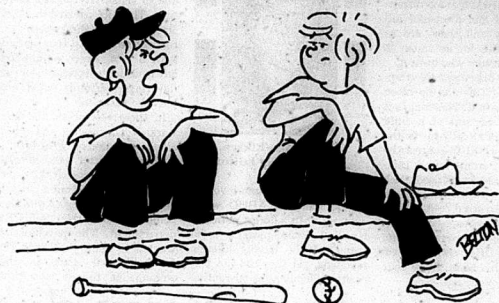
"I read about how low the voter turnout was for the last runoff election. We should all be ashamed of ourselves (myself included) for not getting out and voting.

I plan to get out for the November 3 election and I hope everyone else marks their calendar and also gets out to vote.

How precious this right to vote would seem if we ever lost the privilege.

Get out and vote on Nov. 3."

Editor's note: We received a Speak Out call asking why we were not running a certain caller's repeated Speak Out calls. This caller has called many times about the same subject and on two different occasions I had the appropriate person give a response to his questions. Unless this caller has something fundamentally different to say, I am not inclined to run his repetitive calls over and over.



"I THINK MY PARENTS UNDERSTAND ME A LITTLE MORE... THEY AGREE WITH SOMETHING I SAID."

Governor Chiles proclaims World Population Awareness Week

Citing poverty, lack of clean water and hunger among "the consequences of rapid population growth," Governor Lawton Chiles has proclaimed October 25-31 as World Population Awareness Week in the state of Florida.

These consequences, Governor Chiles declares, "are not limited to the developing world but extend to all nations and to all people, including every resident of the state of Florida concerned for human dignity, freedom and democracy."

The proclamation notes, "world population stands today at more than 5.9 billion and increases by more than 80 million per year with virtually all of this growth in the least developed countries." With this rapid growth it is necessary to provide universal access to voluntary family planning information, education and services to "ensure world population stabilization at 8 billion or less rather than 12 billion or more."

Governor Chiles states, "demographic studies and surveys indicate at least 120 million married women in the developing world... want more control over their fertility but lack access to family planning."

The consequences of rapid population growth affects people in developing nations as well as industrialized nations. Worldwide, 1.3 billion people live in absolute poverty, on the equivalent of one U.S. dollar or less a day. 1.5 billion people lack an adequate supply of clean drink-

ing water or sanitation; and more than 840 million people are hungry or malnourished. Governor Chiles condemns these ghastly consequences.

In 1994 at the United Nations International Conference on Population and Development 160 countries agreed upon an innovative Program of Action. Now, almost five years later, the Population Institute dedicates this year's World Population Awareness Week to evaluating accomplishments and failures in seeking voluntary and responsible solutions to the issue of rapid population growth.

Werner Fornes, president of the Population Institute, has stated, "The Program of Action is by far the most comprehensive population agenda ever designed for the purpose of stabilizing the world's population." The Population Institute has been the chief sponsor of World Population Awareness Week since the occasion's inception in 1985.

Joining with Governor Chiles' in calling for citizens of Florida to seek "rational, humanitarian, community-based solutions" to the challenges of population growth are mayors like John Land, Allen Green, Joyce Rogers, and Patrick Slevin.

Last year, governors of 33 states and mayors of more than 200 U.S. cities proclaimed World Population Awareness Week. More than 400 organizations in the United States and abroad are observing the week this year.

UF researchers develop filter

By Aaron Hoover
University of Florida News

When 26 children became ill after swimming in a kiddie pool at an Atlanta water park earlier this summer, health investigators said it was because low chlorine levels failed to kill harmful bacteria in the water.

A coating developed by University of Florida engineers and biologists might have prevented the June accident by enabling the pool's filter to trap the E. coli bacteria - one of many possible applications for the coating, the researchers say.

"The problem is, the filters in pools remove only a small fraction of the bacteria in the water, so they're really dependent on the chlorine for decontamination," said Ben Koopman, a professor in UF's department of environmental engineering sciences. "By using a filter that is enhanced in some way, you gain an additional barrier."

Professor Koopman and three professors in chemical engineering, materials science and engineering and microbiology and cell science developed the coating as part of more than a decade of researching UF's Engineering Research Center (ERC). The Kimberly-Clark Corp. paid for some of the at-least \$300,000 devoted to the research, with the ERC also contributing.

Dinesh Shah, professor of chemical engineering and director of the Center for Surface Science and Engineering, said the coating enables pool filters and other types of filters to trap bacteria, viruses and particles as small as 500 angstroms. One angstrom measures one ten-billionth of a meter. Viruses range in size from 500 to 1,000 angstroms, while the small-

est bacteria measure about 10,000 angstroms, he said.

The key to the coating's effectiveness is its ability to give the filter a positive electrical charge, Professor Shah said. Viruses, bacteria and tiny particles tend to be negatively charged, so the coating attracts the objects to the filter. The result is decontaminated water without the addition of chlorine or other chemicals, Professor Shah said.

Tests of a coated swimming pool filter with contaminated water in a laboratory showed it trapped more than 90 percent of pathogens, compared with between 10 and 30 percent for the same uncoated filter, said Samuel Farrah, a professor of microbiology and cell science at UF's College of Agriculture.

But swimming pool filters aren't the only application, Professor Shah said. Coated filters could also prove useful for soldiers or hikers whose only source of drinking water may be contaminated ponds or streams. While such water can be treated now with chlorine, the chemical does not eliminate toxins present in dead bacteria, and some bacteria are chlorine-resistant, Professor Shah said.

"The idea is, you could supply a plastic bottle with this filter built-in," he said.

The coating may also prove useful to the silicone chip manufacturing industry, Professor Shah said. Chip makers use large amounts of ultra pure water to polish silicon wafers. Depending on the availability and cost of water, they sometimes have to install purification or distillation equipment to recycle the water. These processes are expensive, and the filter coating promises a cheaper recycling technology, Professor Shah said.

LOOKING BACK THROUGH TIME



Packinghouses in the 1970's were much the same as today's methods of washing, sorting and packing. This photo was taken in about 1971 in Belle Glade.

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- ✓ To operate this newspaper as a public trust.
- ✓ To help our community become a better place to live and work, through our dedication to conscientious journalism.
- ✓ To provide the information citizens need to make their own decisions about public issues.
- ✓ To report the news with honesty, accuracy, purposeful neutrality, fairness, objectivity, fearlessness and compassion.
- ✓ To use our opinion pages to facilitate community debate, not to dominate it with our own opinions.
- ✓ To correct our errors, and to give each correction the prominence it deserves.
- ✓ To provide a right to reply to those about whom we write.
- ✓ To treat people with courtesy, respect and compassion.



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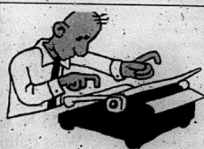
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About letters

To voice your opinion about Glades issues, or to respond favorably or unfavorably to articles printed in the paper, we encourage you to write us a letter. Send to:

The Sun
417-N.W. 16th Street #6, Belle Glade, FL 33430

Sun Spots



BRIEFS/From 1

Miss PACE Pageant is Oct. 22

The PACE/Glades Center For Girls, Inc. will hold a Miss PACE Pageant on Thursday, October 22 at 6 p.m.

The purpose of the pageant is to enhance students' self-esteem, friendly competition and writing skills.

The community is invited to attend and learn more about the difference PACE makes in the lives of young women.

For more information contact Ms. Williams or Mrs. Thompson at 996-6008.

McDonald's night out benefits local schools

McDonald's School Night fund-raiser is back and local schools are benefiting.

Last year, the Glades area McDonald's donated over \$2,800 to local area schools during the night out promotion. From 5 to 8 p.m. on designated Tuesdays, 15% of total receipts are donated to the school that is hosting the evening. Teachers and administrators from that school are working behind the counter at McDonald's taking customers' orders.

Gove Elementary will benefit on October 20. Tuesday, November 10 will be for Belle Glade Elementary.

Oct. is Breast Cancer Awareness Month

The C.L. Brumback Health Center invites women in the Glades to learn about breast health care on Thursday, Oct. 15 at the center. The event will be held in the lobby of the center from 9 a.m. to noon.

For additional information, please contact Melva Webb at 996-1600.

Calling all cooks and bakers

Grassy Waters Festival invites everyone to participate in the 9th Annual Bakeoff Contest during the festival.

Registration forms with rules and regulations can be picked up at the Pahokee Chamber of Commerce or participants can bring their entries the day of the festival. You can register from 11:30 a.m. to noon on the day of the festival.

Grassy Waters will take place on the shore of Lake Okechobee on top of the dike in Pahokee on Saturday, Nov. 21. Chairperson Shirlee Ingram said a copy of the categories is available at the chamber but the sections and classes will remain the same: Baking, canning and pot luck.

First, second and third place ribbons will be awarded and a best overall entry will also be recognized. An auction will follow after the award ceremony, with bidding participation from spectators.

Food entry goes to the highest bidder. All proceeds go to the Grassy Waters Festival Fund.

For more information, Mrs. Ingram can be reached at 924-3365 or call the chamber at 924-5579.

Crafters sought

The Glades Guild is looking for some new crafters and

artists to display their work in the Glades General Store at Glades Unity Plaza, 425 West Canal Street North. The store is open from 10 a.m. to 5 p.m. There is no charge for service. When the artwork is sold, the crafter then gets their money. To participate in the Glades General Store call Dorothy at 992-9500.

Public hearings on school performances

Anyone interested in the performance of local public schools is invited to attend public hearings to be held in Belle Glade and Pahokee in October.

Opinions about the level and quality of services provided by the Palm Beach County School District will be heard at this time.

Participants will also have an opportunity to hear their neighbors offer their opinions about local public school performance.

These hearings are being sponsored by the National Coalition of Advocates for Students and co-sponsored by Glades Community Development Corporation and the Acting on a Vision Education Committee.

The National Coalition of Advocates for Students prepared the report entitled "A Gathering Storm: How Palm Beach County Schools Fall Poor and Minority Children." The hearings will be recorded and transcribed.

The schedule for the hearings is as follows:

- Belle Glade - October 17 at St. Paul's Church of God in Christ, 915 West Avenue A, from 10 a.m. to noon. Sponsored by Rev. Clarence Brown.

For additional information call Cynthia Brown or Geraldine Cunningham at 996-9539.

Head Start

accepting children Belle Glade Family and Children Services, PEPI Head Start Program is now accepting applications for three and four year old children.

All children are welcome to attend, including children with disabilities. There are no fees.

The center is located at 200 S.W. 9th Street, Belle Glade.

For more information, call Tammy Kyles or Barbara Green at 996-1718.

Free transportation

The Division of Senior Services will be providing medical transportation from the Glades area to Royal Palm Beach, Wellington and West Palm Beach for those persons who are 60 and over.

Please call Effie McNaair at the Senior Services Center, Monday through Friday between 8 a.m. and 5 p.m. or call 561-233-0400.

Volunteers sought for Red Cross

The Glades area-service center of the Palm Beach County Chapter of the American Red Cross are in search of volunteers.

Volunteers are needed who are willing to be trained in water safety, CPR or First Aid Instructions.

Volunteers are also needed

for other tasks at the Red Cross office in Belle Glade.

To volunteer call 992-9703 or (941) 675-8000.

Activities for seniors open and free

Glades residents 65 years old and older are invited to participate in activities held daily at the West County Senior Citizen Center, 2916 St. Road 15, Belle Glade.

Administrator Effie McNaair said many fun activities are scheduled for the participants, including a birthday cake and punch party held the last Friday of each month.

Other activities include weekly movies, monthly trips to the mall, and craft classes. Fire prevention and safety classes can be held in Seniors' homes and free blood pressure screening is offered.

For more information or transportation, call Mrs. McNaair at 996.

Class of 1969 presents Gospel Concert

The Lake Shore Jr.-Sr. Class of 1969 is sponsoring a gospel concert on Oct. 17, featuring the Bethune-Cookman College Inspirational Gospel Choir and other local gospel singing groups.

The concert will be held at the Lake Shore Middle School gymnasium beginning at 7 p.m.

Please see any member of the Class of 1969 to get your ticket. Donation for the performance is \$6 in advance and \$8 at the door.

For additional information call Johnnie Eva Brice at 996-2354 or Joan Bass, 996-6343.

Apostolic Church yard sale/car wash

The Apostolic Church in Belle Glade will have a yard sale and car wash on Saturday, November 17 from 8 a.m. to noon.

The community is invited to come out and look over a wide selection of items, get their car washed and help support a good cause. The church is located at 1316 West Canal Street South.

Support group for prostate cancer

Men in the area who would like to learn more about prostate cancer prevention, causes and surgical options are invited to help organize a Prostate Support Group.

Anyone interested in joining should call Lt. Albert Dowdell at 996-7254.

Vendors wanted for Bayfest '98

Bayfest '98, the Third Annual Crossroads Cultural Music, Art and Food Festival, is seeking vendors for the Saturday, Oct. 24 event.

Bayfest will be held at Tanner Park again this year on SR 80, South Bay.

Chairperson Miranda Smith says vendor space is very limited and she encourages those who wish to secure a booth to call as soon as possible.

This year's Bayfest will include a bed race and cookoff as well as the traditional attractions such as entertainment, children's activities and a multitude of ethnic cuisine. For an application or more information, call South Bay City Hall at 996-6751.

attempted grand theft; Edouard Jasmin, 32, arson; Juvenile, 12, aggravated domestic assault; Jacques Jones, 18, retail theft.

October 10 - Juvenile, 17, gambling with dice and resisting arrest without violence; Leslie McCray, 27, domestic battery; Joseph Grice, 45, contempt of court; Shannon Smith, 27, two counts of violation of probation; Omar Ramirez, 22, aggravated battery on a pregnant female.

October 11 - No arrests.

South Bay Police Department arrest blotter

The South Bay Police Department made five arrests the week of October 4-10.

Those arrested included:

October 4 - Johnny Sam McCray, 31, simple domestic battery, resisting arrest with

violence and petty theft.

October 5 - Margaret Tranquilla Jones, 37, aggravated assault with a deadly weapon.

October 6 - No arrests.

October 7 - Alfred Walk-

er, 31, order of commitment.

October 8 - Ricardo James, 21, aggravated assault and felony criminal mischief; Osmond James Roy, 50, order of commitment.

Pahokee Police Department arrest blotter

The Pahokee Police Department made 12 arrests the week of Oct. 5-11.

Those arrested included:

October 5 - Juvenile, 15, aggravated assault.

October 6 - No arrests.

October 7 - Frederick McNeal, 46, aggravated domestic assault and stalking.

October 8 - Juvenile, 15, juvenile pick up order; Lawrence Williams, 18, deal-

ing in stolen property; Charles Freeman Jr., 37, simple battery; Terrance L. Johnson, 23, warrant for failure to appear.

October 9 - Geoffrey McKelton, 23, domestic battery and resisting arrest with violence; Juvenile, 16, domes-

tic battery; Tamara Evans, 21, domestic battery; Richard Johnson, 29, domestic battery.

October 10 - No arrests.

October 11 - Cory Slydell, 29, two counts of aggravated assault; Janie McFadden, 27, trespassing after warning.

Lowest Cost in South Central Florida

State-of-the-art Mammograms available for \$55 throughout October to help battle Breast Cancer

During National Breast Awareness Month, Hendry Regional Medical Center is offering a special low-cost Mammogram to help women of Hendry and Glades battle the second leading cause of death in the seven Southwest Florida counties.

Hendry Regional's Mammography Program Rated "EXCELLENT" 1997, 1998 (Highest possible FDS ranking) U.S. Food & Drug Administration

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• Dr. Gaston Mendez, Jr. (Radiology Associates, P.A. Fort Lauderdale, FL)

- Price INCLUDES analysis, interpretation by expert radiologists. (Most facilities charge extra for this.)
- Results sent directly to each woman's personal physician within 24 hours.
- Advance scheduling required. Call 902.3061.
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Belle Glade Police Department arrest blotter

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October 5 - Saterria Daniels, 24, violation of probation.

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opposing and obstructing a police officer; Leroy Noble, Jr., 29, failure to appear.

October 7 - Charles Gray, 25, two counts of failure to appear; Robert Bunting, Jr., 28, possession of marijuana under 20 grams.

October 8 - Juvenile, 16, loitering and prowling and resisting officers without violence; Intheay Martin, 29, conspiracy to commit credit union robbery.

October 9 - Juvenile, 15, burglary of a dwelling and



OPINION PAGE



The Sun
INVITES YOU TO
SPEAK OUT!
996-6636



Speak Out is our 24-hour opinion line. Call 996-6636 to express your opinion or ask questions about public issues. You are not required to give your name. While we want you to speak out freely, the newspaper reserves the right to edit calls for clarity, brevity, relevance and fairness.

Caller wants activity bus

"I'm a concerned parent. I'm calling about JV football games. I have a son who plays football and I'm calling about an activity bus."

After the game they have to take a ride home and I feel they should have an activity bus. I would like for you to check into that and ask Dr. Grear about getting a bus so the kids can arrive home safely and the parents don't have to be worried about them.

Thank you."

Take some pride

"I have noticed that repairs to Martin Luther King Jr. Blvd. are almost finished. The street has been repaved, the sidewalks and gutters redone and it will look and ride much better soon."

Just wish the residents who live along that area would take a look at the sidewalks and grassy areas down that street after it is all finished. Couldn't you pick up, clean up, mow and make it look better?

There is so much trash and junk along this roadway it is disgusting. Come on people, take

pride in where you live. You have a nice street. Clean it up and keep it up. Please."

Low voter turnout

"I read about how low the voter turnout was for the last runoff election. We should all be ashamed of ourselves (myself included) for not getting out and voting."

I plan to get out for the November 3 election and I hope everyone else marks their calendar and also gets out to vote.

How precious this right to vote would seem if we ever lost the privilege.

Get out and vote on Nov. 3."

Editor's note: We received a Speak Out call asking why we were not running a certain caller's repeated Speak Out calls. This caller has called many times about the same subject and on two different occasions I had the appropriate person give a response to his questions. Unless this caller has something fundamentally different to say, I am not inclined to run his repetitive calls over and over.



Governor Chiles proclaims World Population Awareness Week

Citing poverty, lack of clean water and hunger among "the consequences of rapid population growth," Governor Lawton Chiles has proclaimed October 25-31 as World Population Awareness Week in the state of Florida.

These consequences, Governor Chiles declares, "are not limited to the developing world but extend to all nations and to all people, including every resident of the state of Florida concerned for human dignity, freedom and democracy."

The proclamation notes, "world population stands today at more than 5.9 billion and increases by more than 80 million per year with virtually all of this growth in the least developed countries." With this rapid growth it is necessary to provide universal access to voluntary family planning information, education and services to "ensure world population stabilization at 8 billion or less rather than 12 billion or more."

Governor Chiles states, "demographic studies and surveys indicate at least 120 million married women in the developing world... want more control over their fertility but lack access to family planning."

The consequences of rapid population growth affects people in developing nations as well as industrialized nations. Worldwide, 1.3 billion people live in absolute poverty, on the equivalent of one U.S. dollar or less a day; 1.5 billion people lack an adequate supply of clean drink-

ing water or sanitation; and more than 840 million people are hungry or malnourished. Governor Chiles condemns these ghastly consequences.

In 1994 at the United Nations' International Conference on Population and Development 160 countries agreed upon an innovative Program of Action. Now, almost five years later, the Population Institute dedicates this year's World Population Awareness Week to evaluating accomplishments and failures in seeking voluntary and responsible solutions to the issue of rapid population growth.

Werner Fornos, president of the Population Institute, has stated, "The Program of Action is by far the most comprehensive population agenda ever designed for the purpose of stabilizing the world's population." The Population Institute has been the chief sponsor of World Population Awareness Week since the occasion's inception in 1985.

Joining with Governor Chiles in calling for citizens of Florida to seek "rational, humanitarian, community-based solutions" to the challenges of population growth are mayors like John Land, Allen Green, Joyce Rogers, and Patrick Slewin.

Last year, governors of 33 states and mayors of more than 200 U.S. cities proclaimed World Population Awareness Week. More than 400 organizations in the United States and abroad are observing the week this year.

UF researchers develop filter

By Aaron Hoover
University of Florida News

When 26 children became ill after swimming in a kiddie pool at an Atlanta water park earlier this summer, health investigators said it was because low chlorine levels failed to kill harmful bacteria in the water.

A coating developed by University of Florida engineers and biologists might have prevented the June accident by enabling the pool's filter to trap the E. coli bacteria - one of many possible applications for the coating, the researchers say.

"The problem is, the filters in pools remove only a small fraction of the bacteria in the water, so they're really dependent on the chlorine for decontamination," said Ben Koopman, a professor in UF's department of environmental engineering sciences. "By using a filter that is enhanced in some way, you gain an additional barrier."

Professor Koopman and three professors in chemical engineering, materials science and engineering and microbiology and cell science developed the coating as part of more than a decade of researching UF's Engineering Research Center (ERC). The Kimberly-Clark Corp. paid for some of the at-least \$300,000 devoted to the research, with the ERC also contributing.

Dinesh Shah, professor of chemical engineering and director of the Center for Surface Science and Engineering, said the coating enables pool filters and other types of filters to trap bacteria, viruses and particles as small as 500 nanometers. One nanometer measures one ten-billionth of a meter. Viruses range in size from 500 to 1,000 nanometers, while the small-

est bacteria measure about 10,000 nanometers, he said.

The key to the coating's effectiveness is its ability to give the filter a positive electrical charge, Professor Shah said. Viruses, bacteria, and tiny particles tend to be negatively charged, so the coating attracts the objects to the filter. The result is decontaminated water without the addition of chlorine or other chemicals, Professor Shah said.

Tests of a coated swimming pool filter with contaminated water in a laboratory showed it trapped more than 90 percent of pathogens, compared with between 10 and 30 percent for the same uncoated filter, said Samuel Farrah, a professor of microbiology and cell science at UF's College of Agriculture.

But swimming pool filters aren't the only application, Professor Shah said. Coated filters could also prove useful for soldiers or hikers whose only source of drinking water may be contaminated ponds or streams. While such water can be treated now with chlorine, the chemical does not eliminate toxins present in dead bacteria, and some bacteria are chlorine-resistant, Professor Shah said.

"The idea is, you could supply a plastic bottle with this filter built-in," he said.

The coating may also prove useful to the silicone chip manufacturing industry, Professor Shah said. Chip makers use large amounts of ultra pure water to polish silicon wafers. Depending on the availability and cost of water, they sometimes have to install purification or distillation equipment to recycle the water. These processes are expensive, and the filter, coating promises a cheaper recycling technology, Professor Shah said.

LOOKING BACK THROUGH TIME



Packinghouses in the 1970's were much the same as today's methods of washing, sorting and packing. This photo was taken in about 1971 in Belle Glade.

The Sun

417 NW 16th Street, Suite 6
Belle Glade, FL 33440
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Fax: 561-996-2209

A PLEDGE TO OUR READERS

We pledge...

- ✓ To operate this newspaper as a public trust.
- ✓ To help our community become a better place to live and work, through our dedication to conscientious journalism.
- ✓ To provide the information citizens need to make their own decisions about public issues.
- ✓ To report the news with honesty, accuracy, purposeful neutrality, fairness, objectivity, fearlessness and compassion.
- ✓ To use our opinion pages to facilitate community debate, not to dominate it with our own opinions.
- ✓ To correct our errors, and to give each correction the prominence it deserves.
- ✓ To provide a right to reply to those about whom we write.
- ✓ To treat people with courtesy, respect and compassion.



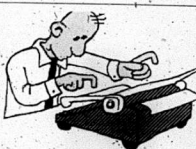
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About letters

To voice your opinion about Glades issues, or to respond favorably or unfavorably to articles printed in the paper, we encourage you to write us a letter. Send to:

The Sun

417 N.W. 16th Street #6, Belle Glade, FL 33440

Sun Spots



BRIEFS/From 1

Miss PACE Pageant is Oct. 22

The PACE/Glades Center For Girls, Inc. will hold a Miss PACE Pageant on Thursday, October 22 at 6 p.m.

The purpose of the pageant is to enhance students' self-esteem, friendly competition and writing skills.

The community is invited to attend and learn more about the difference PACE makes in the lives of young women.

For more information contact Ms. Williams or Mrs. Thompson at 996-6008.

McDonald's night out benefits local schools

McDonald's School Night fund-raiser is back and local schools are benefiting.

Last year, the Glades area McDonald's donated over \$2,800 to local area schools during the night out promotion. From 5 to 8 p.m. on designated Tuesdays, 15% of total receipts are donated to the school that is hosting the evening. Teachers and administrators from that school are working behind the counter at McDonald's taking customers' orders.

Grove Elementary will benefit on October 20. Tuesday, November 10 will be for Belle Glade Elementary.

Oct. is Breast Cancer Awareness Month

The C.L. Brumback Health Center invites women in the Glades to learn about breast health care on Thursday, Oct. 15 at the center. The event will be held in the lobby of the center from 9 a.m. to noon.

For additional information, please contact Melva Webb at 996-1600.

Calling all cooks and bakers

Grassy Waters Festival invites everyone to participate in the 9th Annual Bakeoff Contest during the festival.

Registration forms with rules and regulations can be picked up at the Pahokee Chamber of Commerce or participants can bring their entries the day of the festival. You can register from 11:30 a.m. to noon on the day of the festival.

Grassy Waters will take place on the shore of Lake Okechobee on top of the dike in Pahokee on Saturday, Nov. 21. Chairperson Shirlee Ingram said a copy of the categories is available at the chamber but the sections and classes will remain the same: Baking, canning and pot luck.

First, second and third place ribbons will be awarded and best overall entry will also be recognized. An auction will follow after the award ceremony, with bidding participation from spectators.

Food entry goes to the highest bidder. All proceeds go to the Grassy Waters Festival Fund.

For more information, Mrs. Ingram can be reached at 924-3365 or call the chamber at 924-5579.

Crafters sought

The Glades Guild is looking for some new crafters and

artists to display their work in the Glades General Store at Glades Unity Plaza, 425 West Canal Street North in Belle Glade.

There is no charge for service. When the artwork or crafts are sold, the artist gets their money. The artist store in the Glades General Store call Dorothy at 996-6008.

Public hearings on school performances

Anyone interested in the performance of local public schools is invited to attend public hearings to be held in Belle Glade and Pahokee in October.

Opinions about the level and quality of services provided by the Palm Beach County District will be heard at this time.

Participants will also have an opportunity to hear their neighbors offer their opinions about local public school performance.

These hearings are being sponsored by the National Coalition of Advocates for Students and co-sponsored by Glades Community Development Corporation and the Action on Vision Education Committee.

The National Coalition of Advocates for Students prepared the report entitled "A Gathering Storm: How Palm Beach County Schools Part Poor and Minority Children."

The hearings will be recorded and transcribed.

The schedule for the hearings is as follows:

• Belle Glade, October 17 at St. Paul's Church of God in Christ, 915 West Avenue A, from 10 a.m. to noon. Sponsored by Rev. Clarence Brown.

For additional information call Charlene Hays at 996-6008.

Head Start accepting children

Belle Glade Preschool and Children's Services, 9994 Head Start Parkway, is now accepting applications for three- and four-year old children.

All children are welcome to attend regardless of race or disability. The program is free.

The center is located at 200 S.W. 9th Street, Belle Glade. For more information, call Tammy Kales at 996-1234.

Free transportation

The Division of Senior Services will be providing medical transportation from the Glades area to Royal Palm Beach, Wellington and West Palm Beach for those persons who are 60 and over.

Please call Effie McNair at the Senior Services Center, Monday through Friday between 8 a.m. and 5 p.m. or call 961-233-0400.

Volunteers sought for Red Cross

The Glades area service center of the Palm Beach County Chapter of the American Red Cross are in search of volunteers.

Volunteers are needed who are willing to be trained in water safety, CPR or First Aid instruction.

Volunteers are also needed

for other tasks at the Red Cross office in Belle Glade. To volunteer call 992-9703 or (941) 675-8000.

Activities for seniors open and free

Glades residents 65 years old and older are invited to participate in activities held daily at the West County Senior Citizen Center, 2816 St. Road 15, Belle Glade.

Administrator Effie McNair said many fun activities are scheduled for the participants, including a birthday cake and punch party held the last Friday of each month.

Other activities include weekly movies, monthly trips to the mall, and craft classes. Free prevention and safety classes can be held in Seniors' homes and free blood pressure screening is offered.

For more information or transportation, call Mrs. McNair at 996-6008.

Class of 1969 presents Gospel Concert

The Lake Shore Jr.-Sr. Class of 1969 is sponsoring a gospel concert on Oct. 17, featuring the Bethune-Cookman College Inspirational Gospel Choir and other local gospel singing groups.

The concert will be held at the Lake Shore Middle School gymnasium beginning at 7 p.m.

Please see any member of the Class of 1969 to get your ticket. Donation for the performance is \$6 in advance and \$8 at the door.

For additional information call Johnnie Eva Brice at 996-2354 or Joan Bass, 996-6343.

Apostolic Church yard sale/cash wash

The Apostolic Church in Belle Glade will have a yard sale and cash wash on Saturday, October 17 from 8 a.m. to noon.

The community is invited to come out and look over a wide selection of items, get their car washed and help support a good cause. The church is located at 1316 West Canal Street South.

Support group for prostate cancer

Men in the area who would like to learn more about prostate cancer prevention, causes and surgical options are invited to help organize a Prostate Support Group.

Anyone interested in joining should call Lt. Albert Dowdell at 996-7254.

Vendors wanted for Bayfest '98

Bayfest '98, the Third Annual Crossroads Cultural Music, Art and Food Festival, is seeking vendors for the Saturday, Oct. 24 event.

Bayfest will be held at Tanner Park again this year on SR 89, South Bay.

Chairperson Milandra Smith says vendor space is very limited and she encourages those who wish to secure a booth to call as soon as possible.

This year's Bayfest will include a bed race and cookoff as well as the traditional attractions such as entertainment, children's activities and a multitude of ethnic cuisine.

For an application or more information, call South Bay City Hall at 996-6751.

attempted grand theft; Edouard Jasmin, 32, arson; Juvenile, 12, aggravated domestic assault; Jacques Jones, 18, retail theft.

October 10 - Juvenile, 17, gambling with dice and resisting arrest without violence; Leslie McCray, 27, domestic battery; Joseph Grice, 45, contempt of court; Shannon Smith, 27, two counts of violation of probation; Omar Ramirez, 22, aggravated battery on a pregnant female.

October 11 - No arrests.

South Bay Police Department arrest blotter

The South Bay Police Department made five arrests the week of October 4-10.

Those arrested included:

October 4 - Johnny Sam McCray, 31, simple domestic battery, resisting arrest with

violence and petty theft.

October 5 - Margaret Tranquilla Jones, 37, aggravated assault with a deadly weapon.

October 6 - No arrests.

October 7 - Alfred Walk-

er, 31, order of commitment.

October 8 - Ricardo James, 21, aggravated assault and felony criminal mischief; Osmond James Roy, 50, order of commitment.

Pahokee Police Department arrest blotter

The Pahokee Police Department made 12 arrests the week of Oct. 5-11.

Those arrested included:

October 5 - Juvenile, 15, aggravated assault.

October 6 - No arrests.

October 7 - Frederick McNeal, 46, aggravated domestic assault and stalking.

October 8 - Juvenile, 15, juvenile pick up order; Lawrence Williams, 18, deal-

ing in stolen property; Charles Freeman Jr., 37, simple battery; Terrance L. Johnson, 23, warrant for failure to appear.

October 9 - Geoffrey McKelton, 23, domestic battery and resisting arrest with violence; Juvenile, 16, domes-

tic battery; Tamara Evans, 21, domestic battery; Richard Johnson, 29, domestic battery.

October 10 - No arrests.

October 11 - Cory Sydell, 29, two counts of aggravated assault; Janie McFadden, 27, trespassing after warning.

Crimestoppers



Charmaine R. Williams

Crime Stoppers of Palm Beach County, Inc., is asking citizens to help locate Charmaine Roxanne Williams, who is wanted for violation of probation on seven counts of uttering a forged and four counts of grand theft. She is also wanted for failure to appear on an open container violation.

Williams is a black female, 5'7" weighing 140 pounds. She has black hair and brown eyes and her date of birth is April 4, 1974.

She has tattoos on her arms and on her left and right calf and thigh.

Her Social Security Number is 267-63-2269. Her last known address was 2723 Pinewood Avenue, West Palm Beach.

Her warrant was active as of October 6, 1998.

If you know the whereabouts of Williams, or anyone involved in a serious crime, call Crime Stoppers at 1-800-458-8477. You can remain anonymous and still receive a cash reward if your tip leads to an arrest.

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State-of-the-art Mammograms available for \$55 throughout October to help battle Breast Cancer

During National Breast Awareness Month, Hendry Regional Medical Center is offering a special low-cost Mammogram to help women of Hendry and Glades battle the second leading cause of death in the seven Southwest Florida counties.

Hendry Regional's Mammography Program Rated "EXCELLENT" 1997, 1998 (Highest possible FDS ranking) U.S. Food & Drug Administration

For \$55, highly rated Registered Mammography Technologists will conduct thorough and professionally certified examinations.

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- Evening and Saturday appointments available.
- Plan about 45 minutes for the procedure.



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A Gathering of Faith...

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Rev. Robert Muck

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ST. JOHN'S EPISCOPAL CHURCH
225 N.W. Ave. G
Father Ralph Banks

ST. PETERS LUTHERAN CHURCH
1515 E. Canal St. N.
Rev. Richard Arnes

ST. PHILIP CATHOLIC CHURCH
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SOUTHSIDE CHURCH OF CHRIST
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SPANISH MISSION OF THE FIRST BAPTIST CHURCH
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Rev. D.L. Ford - Pastor

THE FIRST HOLINESS CHURCH OF THE LIVING GOD
125 W. 12th Ave.
Bishop Wm. Lee Wilkins - Pastor

THE INSPIRATIONAL CHURCH OF GOD
165 S.W. 8th Ave.
Rev. Johnny W. Johnson - Pastor

APOSTOLIC CHURCH OF JESUS CHRIST
210 Palm Beach Road
Rev. Jon Field

Family Literacy Program adds job development component



Family Literacy Program students.

The Glades Tri-city Family Education Program has recently added a new job development component to the curriculum. This family literacy program is located in the Glades Glen Housing Complex, and is sponsored by the Palm Beach County Literacy Coalition. The program serves

adults in the Belle Glade, Pahokee, and South Bay areas. In addition to an adult education classroom, there is an adjoining preschool for children ages 2-5. Preference is given to parents with children seven years old and younger. Transportation is available for students who live in Belle

Glade. The program provides adult students with instruction in basic literacy, English as a second language, GED preparation, and parenting education. In addition, the new job development component teaches employability skills, such as career exploration, job search tips, workplace skills,

human resources, and personal resources. Basic computer skills such as keyboarding, Windows 95, Microsoft Works, Corel WordPerfect, and the World Wide Web will also be taught. Students will be assisted in assessing their current skills and future goals and developing a plan to ensure success in meeting their goals. They will also develop resumes and portfolios in which to display their skills. Opportunities for job shadowing, internships, and part-time jobs will be sought in the career areas in which the students have expressed interest. The new job developer, Kelly Donovan, is looking for businesses who are willing to provide job shadowing opportunities and/or apprenticeships for these motivated and enthusiastic students. This program benefits students as well as businesses who have an interest in attracting responsible and qualified employees. A win-win situation for all employers and potential students are encouraged to call 992-8068 for more information.

Local artist attends drawing for The Fleming - Florida Atlantic University Collection



President and Mrs. Anthony Cansee and Everglades artist Sandra Holder attended the opening reception for The Fleming - Florida Atlantic University Collection of Backus Florida landscape paintings at the Ann Norton Sculpture Gardens in West Palm Beach on October 1st. The Schmidt and Ritter Art Galleries of Florida Atlantic in Boca Raton have three of Sandra's original paintings and her self-portrait in the Artisan Collection of Florida Artist Self-Portraits in the University's permanent collection.

Sandra Holder is an adjunct professor at PBOC and a well-known local artist.

The longest running comedy show in New York City comes to the Dolly Hand Cultural Arts Center



Chicago City Limits

Hailed as "hysterical and unpredictable" by The New York Times, *Chicago City Limits* has been performing its unique style and improvisational theater for

twenty years. Of all New York productions, only The Fantasticks has been running longer. "An Evening With Chicago City Limits", the national touring pro-

duction, has been presented at such diverse venues as Lincoln Center, the Smithsonian Institute, the Jerry Lewis Labor Day Telethon, the 1995 Super Bowl and on stages from Fairbanks to Fort Lauderdale.

The impressive list of guest artists who have improvised with *Chicago City Limits* over the years include international stars such as Paul Reiser, Robin Williams, Brett Butler and Bill Irwin. *Chicago City Limits* has made dozens of TV appearances, including segments on "The Today Show", "McLaughlin", "The Joan Rivers Show", "The Jackie Mason Show", "Comedy Central", and "Good Day New York". The troupe has also appeared on HBO, CNN, and

CNBC. The ensemble was featured in its own TV news comedy series, "Real News", on the USA network.

In addition to the performance, *Chicago City Limits* will be conducting a free workshop on improvisational theater, sponsored by the Dolly Hand Cultural Arts Center. The workshop is open to actors of all ages, and to anyone interested in learning a little more about thinking on their feet!

Come see *Chicago City Limits* at the Dolly Hand Cultural Arts Center on Saturday, October 17, 1998. The free workshop is at 4:00 p.m. and the show is at 7:30 p.m. Tickets can be purchased by calling the Dolly Hand box office at 561-992-6160 or 561-992-6161.

Obituaries

The James A. Bennett Funeral Home, Pahokee, had charge of the arrangements.

Jason Daniel Peacock, 21, of Belle Glade died Wednesday, October 7 in a traffic accident in Belle Glade. Jason was born on August 4, 1977 at Everglades Regional Hospital and had been a lifelong resident of Belle Glade. Jason left behind a daughter, Shyann Haley Peacock of Clewiston; his parents Debbie and Danny Peacock of Belle Glade; a brother Kenny Peacock of Belle Glade and his grandmother Virginia Cook of Lumbert City, Ga. He also left behind an extended group of friends and other relatives.

Jason's family received friends on Sunday evening, October 11, 1998 from 7-9 p.m. in the chapel of Mixson Funeral Home with services on Monday, October 12, 1998 at 11:00 a.m., also in the Mixson Funeral Home chapel. Interment followed at Foreverglades Cemetery, Belle Glade.

Mixson Funeral Home was in charge of arrangements.

Military News

On Thursday, October 1, 1998 the members of Pahokee Xi Beta Tau met at the home of Tina Provencale. Guest speaker Deputy Lee Sutterfield enlightened the group on road/travel safety as well as home and personal protection. Refreshments were served by

Teryl Collier.

Those attending were: Frances Adams, Anita Brunson, Teryl Collier, Mirtha Graydon, Kay Korbly, JoAnn Law, Tina Provencale, Amy Schenck, Linda Stanley, Alice Thompson, Diane Wagner and Carlene Walker.

The course included training in petroleum and water accounting, operating equipment associated with fuels and water distribution, and fueling and defueling operations and procedures on vehicles, aircraft and stationary equipment.

Kinsler is the grandson of Mary A. Kinsler of Pahokee.

Army Pvt. **Dekevious J. Kinsler** has graduated from the petroleum supply special-

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Football '98

HIGH SCHOOL SPORTS THIS WEEK.

Pahokee Blue Devils defeat Wildcats 58-6

By Robbie Everett

The Anquan Boldin Show spotlighted another supporting cast member of its multi-talented team this week against the Wildcats of Royal Palm Beach. Back-up quarterback turned wide receiver Jacoby Alexander scored twice in the first quarter on 18 and 53 yard passes from Boldin.

Senior running back Desmond Ricketts (a Jerome Bettis styled runner) caught two 21 yard touchdown passes for the first scores of the first and second quarters. With a 30-0 lead the Blue Devils "messed up our defensive formation" says Boldin and the Wildcats ran 68 a yard touchdown for their only score of the game. That was quickly changed and the



SUNPHOTO by Robbie Everett. Defensive coach gives his players a run down on the next play. A make-believe sketch on the grass is always a good way to visualize the plays.

Blue Devils were back to their old ways as they scored on the first six possessions. Boldin ran two of five two point conversions including a pass to Jackson and two runs by Morris.

Boldin completed 5 of 7 passes for 133 yards and led all rushing with 74 yards of the teams 226. He also returned a kick-off for 85 yards for a TD. Senior wide-receiver Archie Johnson

scored on a 20 yard pass from Boldin. All five passes resulted in touch-downs. The Blue Devils defense forced 4 fumbles and recovered two from the Wildcats. Victor Cooper ran one fumble 32 yards for a touchdown. Pahokee's final score came on an 8 yard run by Rodney Morris.

The Blue Devils have an open date this week.

Raiders shutout Fort Pierce Westwood, 34-0

By Jennie M. Sears
Staff Reporter

Once again the Raiders shutout! This team has not allowed a point all season.

Last Friday, October 9, the Raiders hosted Fort Pierce Westwood and kept control of their grounds.

Nakia Campbell ran for 118 yards and made two touchdowns for the Raiders. He played a great game.

While fans cheered the Raiders on, senior defensive end Dwight Jackson, had a safety in the second quarter, sacking the Westwood quarterback in the end zone.

The two Campbell boys really know how to put on a show. Senior quarterback Jerry Campbell completed eight of the twelve attempts for 137 yards. Jerry made one touchdown for the Raider win and also had one interception.

The Raiders are hot this year and they are on their way to the top. If you haven't been to one of their games this season, you're missing out on a great game.

How many more shutouts will the Raiders accomplish this season? Be there to find out!



Former Glades Central student, Ethel Grace, flew in from Texas to see her home team win.

Go Raiders!



Fishing with Walt

By Walt Reynolds

It looks as if the hurricane season is about to play out for this year and again we have escaped any direct hits on Lake Okeechobee. This is good news, not only for the local businesses that depend on the winter traffic to make a living but also to the anglers who use the huge lake every day to enjoy their sport.

On somewhat of a negative note, the high water and continued spraying has brought about some changes to the ecology of the lake that needs to be addressed quickly to prevent further damage.

As the water level remained high the last few years, there has been a major die off of the grass beds that are so important to the survival of the lake. In addition, the high water caused wave action much more severe than normal. The combination of these elements have caused the dead grass and silt from the bottom to be pushed towards the outer grass line that exists and to build a berm from two to four feet high along the western and northern shores of the lake.

This berm will, and has in many areas, cut off the shallow areas of grass and bulrushes from the main lake. If it continues, the huge grass flats behind the berm will probably revert to land growing trees and shrubs. This would eliminate the major areas that

depend on for spawning and protection of their young fry. It will also eliminate habitat that is important to the survival of many other forms of wildlife.

A simple solution would be to take equipment to the affected areas and remove the berm. This would allow the water flow back into the grass flats, thereby keeping these areas alive and well. If something isn't done very quickly, the berm could, in affect, move the shore line of Lake Okeechobee out three to five miles from where it is today in the affected areas.

There are those who would like to study this project for months or even years before taking any action and to them I would say the lake will not be there to save by then.

Just as I have complained about the spraying of many areas to the point of elimination, the bureaucrats never listen. It seems they are more interested in sustaining jobs and positions than in solving a problem.

It is time for all interested parties, and this should include everyone, to take the time to get involved and make their concerns heard. This is not a problem that we can ignore or hope it will go away. We must remove the berm and we must stop the total eradication of the important grass beds on Lake Okeechobee or my grandson and the generations to follow will never know the beauty and serenity of the vast lake, let

alone be able to enjoy the great fishing it provides.

The Florida Game and Fresh Water Fish Commission have, through their great management policies, brought fishing back to its finest in many years. We must not stand idly by while the resource suffers from bad management by other departments.

Please contact the South Florida Water Management District, the Corps of Engineers, and the Florida Game and Fresh Water Fish Commission with your concerns and let them know that we are watching, but unwilling to stand by while they destroy the lake. We have a great fish and game department that is many times shoved aside by the other parties involved.

Mother Nature hates bureaucracies and the slow death that they bring to what took millions of years to build.

Gators lose to Pirates by 1 point

By Trey Alava

Homecoming was celebrated at Glades Day School last Friday night. The Gators were scheduled to face off against the Pirates from St. Edwards.

Junior tailback James Holman scored a touchdown during the opening drive in the first quarter to start off the Gators with a lead.

During the second quarter, the Gators were unsuccessful in scoring, but the Pirates received an interception and ran for the score right before the end of the second half.

The score was tied at the half 7-7.

During the third quarter the Pirates were again successful. They were able to run a 91-yard touchdown from the kickoff. Towards

the end of the game in the fourth quarter, Holman scored to tie the game with 10 minutes remaining.

Holman ran 222 yards on



33 carries to lead the Gators in rushing.

The game was pushed into overtime to break the tie.

The Pirates started off the tie breaker at the 10 yard line. The powerful Gator defense was able to hold the Pirates for a couple of downs, but it just wasn't enough and the Pirates scored.

This was the Pirates first offensive touchdown of the night. The Gators came back and on only one carry Holman was successful at getting the score with a sweep to the end zone.

The Pirates again were effective at getting the score to take the lead. The Gators came back and scored too, but when trying to take the win with a two point conversion, Holman was stopped just inches from the goal.

The final score was 28-27.

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PIGSKIN PICKS

TIE!
Leading: Mike Burkett
Vera Robinson

October 16 - 20 :

OKEECHOBEE	at	CHARLOTTE HIGH
GLADES DAY	at	GULF COAST
GLADES CENTRAL	vs	CARDINAL NEWMAN
CLEWISTON	at	AMERICAN HERITAGE
ARKANSAS	at	SOUTH CAROLINA
SEMINOLES	vs	CLEMSON
GATORS	vs	AUBURN
TAMPA BAY	vs	CAROLINA
DOLPHINS	vs	ST. LOUIS
JAGUARS	at	BUFFALO

*vs. = Home "at" = Away

Standings:

Big "A" Vereen	8-2	36-11
Clay Connell	6-4	32-15
Donny Moss	7-3	36-11
Mike Burkett	8-2	38-9
Vera Robinson	8-2	38-9
Wendy Cotton	8-2	35-12
Rick Gold	7-3	36-11
Penny Lester	6-4	34-13
Billy Rimes	7-3	34-13
Woodie Salvatore	7-3	36-11
Mike Woodham	6-4	31-11



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 Dolphins
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MOSS TOWING

Donny Moss

Okeechobee
 Glades Day
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STEVE MOORE CHEVROLET

Rick Gold

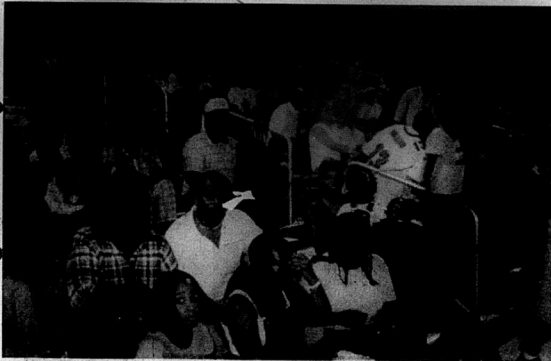
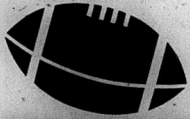
Okeechobee
 Glades Day
 Glades Central
 Clewiston
 Arkansas
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 Dolphins
 Jaguars



Glades Central Raider, Reggie Vickers, has been an outstanding team player this season.



Pahokee High Cheerleaders keep the crowd and the players pumped up.



Faithfull Blue Devil fans.



High School Football Schedules

Glades Central High School - 4A

Date	Site	Opponent	Own Score	Opp. Score	Win-Loss
09/03/98	H	Royal Palm Beach High School	48	0	W
09/18/98	A	Clewiston High School	14	0	W
09/25/98	A	Wellington High School			
10/02/98	A	Forest Hill High School	39	0	W
10/09/98	H	Fort Pierce Westwood High School	34	0	W
10/16/98	H	Cardinal Newman High School			
10/23/98	H	Suncoast High School			
10/30/98	H	Olympic Heights High School			
11/06/98	A	Pope John Paul High School			
11/13/98	A	Pahokee High School			

Glades Day High School - 2A

Date	Site	Opponent	Own Score	Opp. Score	Win-Loss
09/04/98	H	LaBelle High School	48	0	W
09/11/98	H	Benjamin High School	23	20	W
09/18/98	H	Gulliver Prep School	21	6	W
09/25/98	H	John Carroll High School	41	0	W
10/02/98	A	Frostproof High School	14	38	L
10/09/98	H	St. Edward's School	27	28	L
10/16/98	A	Gulf Coast High School			
10/23/98	A	King's Academy			
10/30/98	H	Key West High School			
11/06/98	A	Moore Haven High School			
11/13/98	A	Pahokee High School			

Pahokee High School - 3A

Date	Site	Opponent	Own Score	Opp. Score	Win-Loss
09/04/98	H	Wellington High School	24	16	W
09/11/98	A	Dwyer High School	26	0	W
09/18/98	A	Suncoast High School	44	0	W
09/25/98	H	Jupiter Community High School	62	0	W
10/02/98	A	Atlantic High School	30	0	W
10/09/98	A	Royal Palm Beach High School	58	6	W
10/23/98	H	Pope John Paul High School			
10/30/98	H	Forest Hill High School			
11/06/98	A	Cardinal Newman High School			
11/13/98	H	Glades Central High School			

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NASCAR

This Week

On TV

All Times Eastern
 ■ Winston Cup, Pepsi 400
 9 p.m. • Saturday • CBS
 ■ BGN, Cardquest Auto Parts 250
 12:30 p.m. • Saturday • CBS
 ■ Trucks, California Truck Stop 300
 5 p.m. • Sunday • TNN

POINTS STANDINGS

WINSTON CUP	BUSCH	TRUCK
1. Jeff Gordon, 4,632	1. D. Einarhardt Jr., 3,941	1. Jack Sprague, 3,595
2. Mark Martin, 4,344	2. Matt Kenseth, 3,844	2. Ron Hornaday, 3,577
3. Dale Jarrett, 4,088	3. M. McDougall, 3,688	3. Joe Ruttman, 3,444
4. Rusty Wallace, 3,883	4. Elton Sener, 3,293	4. Jay Sauter, 3,243
5. Jeff Burton, 3,806	5. Randy LaJoie, 3,146	5. Tony Raines, 3,231
6. Jeremy Mayfield, 3,761	6. Tim Fedewa, 3,052	6. Jimmy Hensley, 3,167
7. Bobby Labonte, 3,759	7. Elliott Sadler, 3,049	7. Stacy Compton, 3,123
8. Dale Earnhardt, 3,357	8. Phil Parsons, 3,047	8. Randy Tolma, 2,911
9. Terry Labonte, 3,323	9. Buckshot Jones, 3,045	9. Ron Barfield, 2,877
10. John Andretti, 3,278	10. Hermie Sadler, 2,918	10. Rick Cavalli, 2,857

FROM LAST WEEK

WINSTON CUP SERIES
TALLADEGA, Ala. — No one, at least not in the current generation of Winston Cup drivers, plays chess on the high banks better than Dale Jarrett.

Jarrett, twice a Daytona 500 winner, proved his strategic mettle for the first time at Talladega Superspeedway Sunday, winning the Winston 500 and claiming a \$1 million bonus from the tobacco company.

In his red, white and blue Ford Taurus, Jarrett waited

coily for a chance to take the lead, and when that opportunity arose with 13 laps to go, he seized it and took off like a frightened jackrabbit.

CRAFTSMAN TRUCK SERIES

Boris Said drove a Ford to victory in the truck race at Sears Point Raceway in Sonoma, Calif. It was his first career victory in the fourth-year series and came after several near-wins. Said held off Mike Bliss, also in a Ford F-150.

TOP TEN

Weekly rankings by NASCAR This Week writer Monte Dutton. Last week's ranking is in parentheses.

1. Jeff Gordon (1)	6. Rusty Wallace (6)
2. Mark Martin (2)	7. Jimmy Spencer (NR)
3. Dale Jarrett (4)	8. Dale Earnhardt (9)
4. Jeff Burton (3)	9. Mike Skinner (NR)
5. Bobby Labonte (5)	10. Ricky Rudd (10)
Up from all day	Caught up in wreck

ON THE SCHEDULE

Date	Race	1997 Winner	Pole
Oct. 17	Pepsi 400, Daytona Beach, Fla.	Andretti	Skinner
Oct. 25	Dura-Lube 500, Avondale, Ariz.	Jarrett	Hamilton
Nov. 1	AC-Delco 400, Rockingham, N.C.	Hamilton	B. Labonte
Nov. 8	NAPA 500, Hampton, Ga.	B. Labonte	G. Bodine

FEUD OF THE WEEK

Mike Skinner vs. fellow drivers

Skinner thought he had the best car at Talladega. "I think the problem with showing how strong a car we had all day was when it got down to the end, there

wasn't a soul who would run with me."

NASCAR This Week writer Monte Dutton gives his opinion: "On the restrictor-plate tracks, every unfamiliar face at the front of the pack knows what Skinner went through. Aerodynamics has such an impact on the outcome that no one can pass anyone without help, and drivers work best with their colleagues whom they feel they can trust."

THE WINSTON CUP CIRCUIT

WINSTON CUP SERIES

COMING UP: Pepsi 400

WHERE: Daytona (Beach, Fla.) International Speedway

WHEN: Saturday, Oct. 17

DEFENDING CHAMPION: John Andretti
 EVENT QUALIFYING RECORD: Sterling Marlin, Chevy, 203.666 mph, July 3, 1986.
 RACE RECORD: Bobby Allison, Mercury, 173.473 mph, July 4, 1980.

OTHER FORMER WINNERS: Bill Elliott is the leading active Daytona winner with four victories. Sterling Marlin and Dale Earnhardt have won three times each.

NOTABLE: This race was originally supposed to be run on the night of July 4, but wildfires, which were rampant in northern Florida at the time, forced its postponement.

BUSCH GRAND NATIONAL

COMING UP: CarQuest Auto Parts 250

WHERE: Gateway International Raceway,

ALMOST HOME COOKING

Daytona Beach is loaded with quaint little restaurants at or near the beachfront. One of them is Portofino, located on Atlantic Boulevard south of midtown. The simple Italian cafe is often frequented by NASCAR personalities.

Madison, Ill.

WHEN: Saturday, Oct. 17

DEFENDING CHAMPION: Elliott Sadler

TRACK QUALIFYING RECORD: Joe

Besssey, Chevy, 190.993 mph, July 26, 1997.

RACE RECORD: Sadler, Chevy, 78.803

mph, July 26, 1997.

OTHER FORMER WINNERS: This is only the second race at this track.

NOTABLE: Gateway, located near St. Louis, has been expanded to seat 45,000 fans, with 30 luxury suites.

CRAFTSMAN TRUCK SERIES

COMING UP: California Truck Stop 300

WHERE: Mesa Marin Raceway, Bakersfield, Calif.

WHEN: Sunday, Oct. 18

DEFENDING CHAMPION: Randy Tolma

TRACK QUALIFYING RECORD: Ron Hornaday, Chevy, 92.540 mph, Oct. 12, 1996.

RACE RECORD: Randy Tolma, Chevy, 76.293 mph, Oct. 12, 1997.

OTHER FORMER WINNERS: Mike Skinner

is the only two-time winner.

NOTABLE: Mesa Marin, the scene of many

Winston West races, is a half-mile track with

17-degree banking in the turns.

YOUR TURN

Letters From Our Readers

Dear NASCAR This Week,
 Ban Jeff Gordon? No way. ... I really like all the drivers. They're great and 90 percent of the time they all run a good, clean race. I think only people like Jack Roush, who owes Jeff and his crew an apology, give NASCAR a bad name. Go ahead, Jack, put 10 Fords in competition, and I hope Jeff Gordon — and if not him, another driver — beats yours.

Pat Ludwig
 Ephrata, Pa.

Dear NASCAR This Week,
 Please, please settle a dispute for me. What exactly is the status of Greg Sacks? Is he injured, or has he been released from his contract?

Donald Scott
 Pittsburgh

Dear Donald,
 Sacks' injuries were more extensive than originally thought, and he was unable to fulfill his commitment to car owner Cale Yarborough. So Yarborough settled on Rich Bickle as Sacks' successor at least for the remainder of this season. Sacks' future remains uncertain.

If you've got a question or a comment, write: NASCAR This Week Your Turn, c/o The Gaspar Gazette, 2500 E. Franklin Blvd., Gastonia, N.C. 28054

CREW OF THE WEEK

■ Dave Marcis' race team has only eight employees, and all came through like champs for the struggling independent, who had a season-best finish of 12th at the Winston 500. Marcis' previous best had been a 28th at Martinsville's second race.

Fan Tips

Make arrangements to leave Daytona at an unusual time if you want to avoid traffic jams. The night running of the Pepsi 400 means few fans will leave after the race. Most will sleep late the next morning and hit I-95 the same time as thousands of others. It would be a good idea to stay an extra day, especially with many nearby attractions.

TRIVIA

1. Who was the last driver to drive an Oldsmobile to the Winston Cup championship?
2. Who was the last driver to drive a Dodge and a Plymouth to the Winston Cup championship?

ANSWERS
 1. Richard Petty.
 2. Chrismon.

AROUND THE GARAGE

Dallenbach Jr. signed to take third car for Team Hendrick

By Monte Dutton
NASCAR This Week
TALLADEGA, Ala. — Instead of the dominoes falling, they're standing upright.

Several Winston Cup moves that were rumored to be forthcoming are not being made, and as a result, the mad rush of hirings that follows has not yet taken place.

The inchpin was Ward Burton, who contrary to the best efforts of John Hendrick, will not be moving into Team Hendrick's third car. That's because Burton has another year on his contract with Bill Davis, and Davis is not going to let him

out of it. As a result, Wally Dallenbach Jr. has now been signed to drive the car, which will revert to No. 25 and probably keep Bud Weiser's restaurant sponsorship for the remainder of the year.

Caterpillar, meanwhile, is the likely new sponsor for Davis and Burton in the No. 22 Pontiac.

WE'RE COMING BACK: The International Race of Champions, the all-star series that last visited Talladega Superspeedway in 1996, will return in '99 with a \$1 million prize for the winner. The race will be held at the

labeled's expansion program will result in a new garage area, infield car center, motor-home compound (for owners and drivers), main entrance, a 5,000-seat grandstand to turn one, and an infield media center.

The track has added approximately 45,000 seats in the past decade, and the latest plans envision more than 200,000 seats — and backstretch grandstand that seats 90,000 itself — by the early years of the next decade.

BACK FOR ANOTHER YEAR: Dave Marcis said he will return to Winston Cup for at least another year. "My plans are for 1999 to run

in the Winston Cup Series again," said the 57-year-old from Vaucluse, Wis. "We are a small team, but I really enjoy the sport. It's been my whole life. I'd like to be a team owner one day, but I can't afford to put anyone else in the car right now. My plan right now is to spend another year as a driver. I would like to be in Daytona 500 in year 2000. Then I'd make a decision about putting someone else in the car."

Marcis has been ironing out details of a new sponsorship agreement with Realtime and hopes to be able to make a renewal announcement soon.

RACING ON THE WEB

1998 Winston Cup Drivers' Grid at Stockcargallery.net
www.stockcargallery.net/grid.html

High Points: This site has a lot of content to offer any NASCAR fan. Virtually every driver is listed in the grid, and profiles complete with a brief bio and pictures. Backing up into the main site at www.stockcargallery.net is worthwhile, too, for a complete look at the sport. Low Point: This site is not for the Internet novice. All your navigation expertise will likely come into play finding your way around this site, which may have left navigation. Had the content not been good, I would have left immediately.

FROM THE ARCHIVES:

The rich history of NASCAR Sam McQuagge, a folksy Georgian, had his date with destiny on July 4, 1966, when he piloted a Dodge Charger to victory in what was then known as the Firecracker 400. McQuagge, who would never win again, held off Dale Dieringer in Bud Moore's Mercury. Tim Paschal and Curtis Turner were third and fourth, a lap back.

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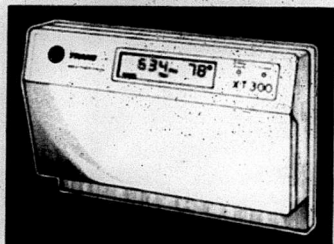
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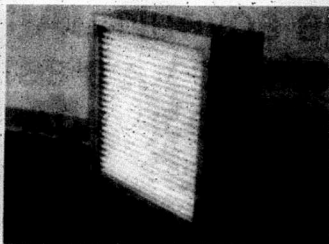
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Glades Day Homecoming '98



Homecoming events were a success. Pictured L to R are Mr. Jim Terrill, father of Glades Day's 1998 Homecoming Queen, Stephanie Terrill. Stephanie is being crowned by the 1997 Homecoming Queen, Carla Alvarez.



1998 Glades Day Homecoming court . . . (L to R) Kenny Cavinee, Krystal Cavinee, Richard Hendrix, Amy Hendrix, Paul Prescott, Brooke Prescott, Jim Terrill, Stephanie Terrill, Joe Wood, Denea Wood, Douglas Lockhart, Cristina Lockhart, Lawrence Dixon, Donna Dixon



Glades Day Gator Tales

By Donna Dixon and Jake Davis

Glades Day School's campus was full of excitement last week as we celebrated Homecoming. Students eagerly dressed in costumes for the Spirit Days beginning with Monday's Pajamas Day. They were all decked out in camouflage on Tuesday's Camouflage Day, and then came prepared with their pens for Graffiti Day. Thursday's Beach Bum Day saw a lot of cut-off shirts and brightly colored shirts, and then everyone was encouraged to wear the school colors of green, white and gold for Friday's Spirit Day.

Our annual Gator Growl, a night-time pep rally, was held Thursday evening, Oct. 8, in the Mace Athletic Center. The cheerleaders led the crowd in chants and cheers as the event included the presentation of

the Homecoming Court, a skit by the Booster Club, and the National Honor Society's Basketball Shoot-out for the American Heart Association. Congratulations go to NHS sponsor Mrs. Sharon Baumgartner, who once again defeated her rival, Coach Eric Pitts, by scoring the most baskets.

Varsity football coach Pete Walker and the players also gave special recognition to band director Mr. Fred Stevens, who is recuperating from heart surgery. Mr. Stevens came back last week to direct the band at Gator Growl. He received a well-deserved standing ovation from the crowd.

The Student Council also made a special presentation to 11th grader Miranda Humphries for her devoted

spirit in dressing up for all of the Spirit Days.

We would like to congratulate Senior Stephanie Terrill, who was crowned Homecoming Queen during halftime ceremonies at Friday night's football game against St. Edward's. Stephanie's court included Crystal Cavinee, Donna Dixon, Amy Hendrix, Christina Lockhart, Brooke Prescott and Denea Wood.

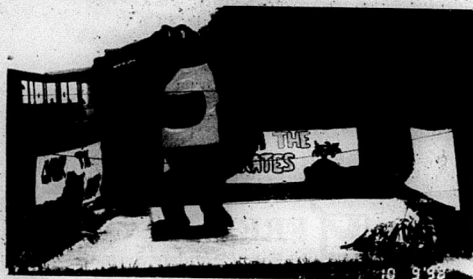
Due to the mosquito alert, the parade was once again cancelled, but that didn't stop classes from having fun decorating yard floats for homecoming. The classes were really competitive and the results were outstanding. Congratulations to the Juniors for winning the Senior High Division (Grades 10-12), and to the 8th Graders, who won among Grades 7-9.



It was a very close call, but by the end of the last quarter the Gators suffered a loss to St. Edwards by one point - 28-27.



These two youngsters play their own game of football during the Homecoming events.



ROADWAYS

SEPTEMBER 1998 Special Advertising Supplement to THE SUN (561)

New Car Preview: 1999 GMC Yukon Denali & 1999 GMC Jimmy Envoy Lap of luxury

By Alex Law
Test Drive

ROUTE 66, AZ. — Executives from the GMC truck division of General Motors were busy wrapping up a marketing presentation on their new upscale Denali by addressing the issue of why the vehicle was going to be as expensive as it is.

Perhaps it was the fetid air inside the conference room of what they liked to call the Norman Bates Memorial Hotel (for the record, mother-loving Norman would have had too much sense to stay there), but in a surprising move one of the GMC people came dangerously close to admitting the truth. "Let's just say," he noted in an ironic tone, "that we want to give them an opportunity to spend their money."

Many of the other GMC types chuckled appreciatively at that, but when a smart-Alex auto writer said, "So you're marketing Denali as a public service?," they laughed uproariously and repeated the remark to themselves throughout the rest of the program.

Considering the nature of the luxury sport-ute market, I'm not surprised they laughed uproariously. I'm surprised they didn't wet themselves.

Think of how little a car company has to do to get into

the hottest market in the business: Take an existing sport-ute, hang a couple of cosmetic bits on the outside, stick some wood where plastic normally goes, strip in bits of leather as required, toss in a unique device or some new technology (this is optional), make virtually every geegaw and gimmick you can think of part of the standard package, jack the sticker price way beyond the real cost of the actual changes and the extra equipment, and hang a trendy name on it.

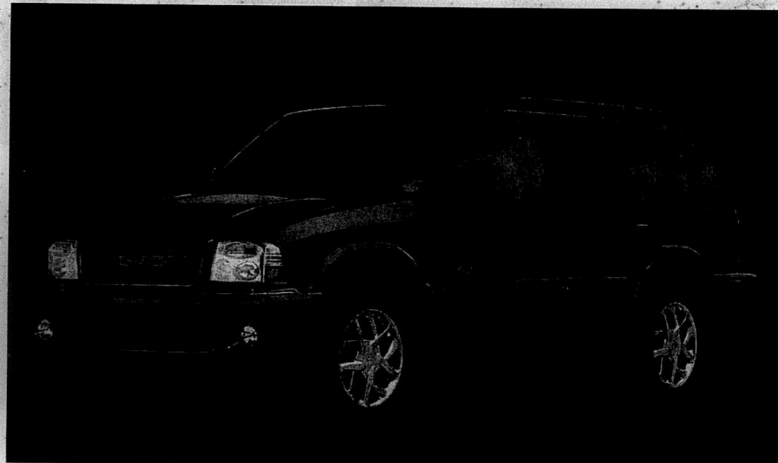
All that's left to do then is try not to get run over by the crowds of impressionable people with more cash than self-confidence as they rush through your dealership doors.

If you think this is an exaggeration, consider the lemming-like procession to buy the Lincoln Navigator, which is pretty much a Ford Expedition in a suit from Rodeo Drive.

Even more remarkable is the success of the Land Rover, which is just about the worst sport-utility on the market and sells well because it is the most expensive one on the market.

These are the folks, GMC executives told me, who like to park their sport-utes against smaller, less expensive models to make the other owners feel inadequate.

In this market, the Yukon-based Denali will fit right in,



The GMC Jimmy Envoy comes fully loaded and then some. The special offering is equipped with a 190-horsepower 4.3-liter V6. (1998 model shown.)

and so will its smaller Envoy sibling, which uses the same technique described above (leather, wood, geegaws, price, etc) but is based on the less-expensive GMC Jimmy.

Both Denali and Envoy

begin with competent vehicles with less exalted price tags and go from there, but not too far. I mean, if you were familiar with the drive or ride of a Yukon or a Jimmy (or one of their Chevrolet cousins, Tahoe or

Blazer) you would not be able to feel much that was different about one of these new vehicles.

Dimensionally and technically they're virtually the same as their downscale siblings, which, as I say, is acceptable since they're solid vehicles.

At the base of Denali (which is a bad-joke reference to the fact that Denali is the name of America's highest mountain range) is the Yukon's significant interior volume and it'll do powertrain.

On that last point, Denali

uses GM's 5.7-liter V8, which turns out a healthy 255 horses at 4,600 rpm and 330 pound-feet of torque at 2,800 rpm.

In a smaller, lighter vehicle, that's killer stuff. But in something as big as this it can get winded.

I'm thinking particularly of the long stretch of I-40 from Kingman to Flagstaff, when the Denali I piloted struggled hard to keep going at a steady 75 mph in one gear. It had to slip-slide-slip between third and fourth until it made my jaw ache, and it didn't want to stay in a straight line in a brisk crosswind.

Apparently there's a new transmission coming that will fix the inveterate gear-hunt-

ing, and there is a more powerful engine is on the way, but I can't promise you the Denali won't flail about in the wind any more than a Yukon will.

Most of the time on the highway, though, the Yukon Denali should behave in a stately but sure-footed manner at all times, like a grandmother in a pair of hiking boots. In traffic on busy city streets, Denali is like all other large sport-utes in the way it imitates an elephant on skis trying to u-turn back to the lodge.

On pure ride-and-drive terms, Envoy was much the superior vehicle. It uses only the 4.3-liter Vortec with smaller (190 at 4,400 and 250 at 2,800) horsepower and torque, respectively, numbers, but that V6 seems better suited to the lighter and more compact Envoy.

When I say "compact," it is a highly relative term, since Envoy is still capable of hauling four (they say five but that's pushing it) and a goodly amount of stuff.

The larger Denali is much more capable here, with five actually having a chance at comfort and there being lots more room for their stuff.

See GMC/2B



The GMC Yukon Denali is for those who enjoy the perks in life and aren't afraid to show it. (1998 model shown.)

Contributed photo

Triple A Driving: Awareness, Ability, Attitude Threshold braking helps you stay in control during emergencies

By Tom Hnativ
Test Drive

Question: There is a term which refers to braking that I keep coming across in auto magazines. It's "threshold braking." Would you explain exactly what that is?

Answer: I'd be happy to. Threshold braking is the application of braking force to the point just before the tire "locks up" and begins to skid across the road surface.

In other words, threshold braking is getting the most out of your braking system and stopping the vehicle in the shortest possible distance. It sounds simple, but like every other driving skill it takes practice to do it effectively and consistently.

There are some mechanical issues

to consider. A rolling tire stops far more efficiently than one that is sliding. That, and the fact that a sliding tire won't steer are two good reasons to do what ever you have to do to avoid locking up one or more of your tires.

When you apply the brakes the vehicle's weight shifts forward. The harder you apply the brakes the more weight shifts. The more abruptly you apply the brakes, the more abruptly the weight shifts. Managing that weight shift therefore becomes a part of the process.

Simply nail the brakes as hard as you can, and the vehicle is bound to bounce on its suspension causing the weight on the tires to increase sharply and then quickly decrease as the vehicle rebounds on the suspen-

sion. As the weight on the front tires decreases they become more likely to lock up.

It is also true that as the weight shifts forward the rear tires — now handling less of their share of the load — are more likely to lock up.

Managing the weight transfer is a matter of modulating the pressure on the brake pedal itself while responding to sensations and sounds created by the vehicle. A smooth but firm application is necessary at the beginning of the process.

Modulation is also required as the vehicle begins to slow down. Depending on the balance engineered into the vehicle brake system, you'll find that a change in brake pressure is necessary as the car slows down, then comes to a complete stop.

The road surface itself is critical to the equation. Obviously the tires are more likely to lock on a slick surface. However, dust, stones, changes in paving medium, bumps and holes will also dramatically affect how much braking force you may apply at any moment in time. Often the surface will change during a single application of brakes.

Then there is the phenomenon called brake fade. Fade is the deterioration of braking force caused by excessive heat in the components of the brakes themselves.

Most modern automobiles will make several stops from highway speed without exhibiting much appreciable deterioration of braking force, however every vehicle will eventually exhibit fade when asked to repeatedly

stop from a high rate of speed.

The sensation is alarming the first time you experience it. If feels as if no matter how much pressure you apply the car's rate of deceleration progressively reduces. Some people say it feels like the vehicle is accelerating. I can see that.

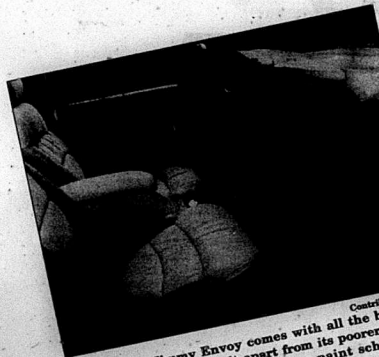
If you're thinking that there are a lot of factors to consider in threshold braking, well you're right, but like most learned skills, threshold braking becomes intuitive with practice.

As the name threshold implies, you want to be right on the edge of locking the tires at all times. To learn where that is likely to be, you need to exceed the limit from time when you practice in a parking lot or another safe area.

See Triple A/2B

New Car Preview: 1999 GMC Yukon Denali & 1999 GMC Jimmy Envoy

Lap of luxury



GMC/From 1B

Not having more than five seats is probably exactly what Denali target consumers said was right, and it was probably a better idea for GMC to put in the killer Bose Acoustimass sound system, the one that will levitate toupees if they get caught in the right wave currents.

As noted above, such upscale vehicles are top-heavy with features, and that fully applies with Denali and Envoy.

There's nothing new or trick enough to make you go "Hey, neat," but there isn't much a normal person would think of adding.

The big differentiator with Denali and Envoy is their style, since GMC knows full well that people who pop for vehicles costing from \$30,000 and up want the world to know they can do that.

So Denali gets a different front end from Yukon, highlighted by what GMC likes to call a "daunting" hood and a "bold" rectangular grille. There are also halogen headlights with lenses that are supposed to add a "distinctive richness." Un-huh.

Envoy comes with a monotone paint scheme that includes full-wrap cladding, exterior mirrors, door handles, molded wheel flares and luggage rack are all body-colored.

Suits from Beverly Hills, in other words, which is not a bad thing. The exterior looks of Denali and Envoy make it plain that you had the cash to pop for a richer grade of sport-ute, and that seems to be the key point of the exercise.

Think of how many more people you'll be able to lord it over in the parking lot. By making them aware of their shortcomings, you could consider it a public service.



Contributed photo

Inside the Denali occupants will find themselves in the lap of luxury with nothing to be desired insofar as options go. The Denali is GMC's offering in the luxury sport-ute market and goes head-to-head with competitors such as the Lincoln Navigator and the Land Rover from Range Rover. (Above: interior of the 1998 Yukon Denali. Right: 1999 Yukon Denali.)

Alex Law
reviews more than 150
vehicles a year as he extensively
covers the

automotive industry around the world. Readers can
e-mail their comments to Alex at AlexCAMS@aol.com

Backyard Mechanic

Check engine light source of a major annoyance

By Jim Kerr
Test Drive

Question: The "check engine" light for the fuel injection on my 1989 Ford half ton truck keeps coming on every time I drive.

When I start the engine, the light stays out until the engine is warm and the tach goes over about 2,000 rpm. Then it stays on until I turn the key off.

I replaced a cracked driver's side exhaust manifold because a friend said it could be causing the problem, but the light still comes on. What should I do now?

Answer: Your friend had some good advice. The cracked manifold could have caused the light to come on because it allowed extra air to get to the oxygen sensor.

However, on this truck the problem is related to engine speed. The computer control system is complex and many

things could cause the check engine light to turn on, but I suspect the Exhaust Gas Recirculation (EGR) system.

At about 2,000 rpm the fuel injection computer opens the EGR valve. The actual movement of the valve is measured by the pintle position sensor mounted on top of the EGR valve and the information is sent to the computer.

If the amount of EGR commanded by the computer and the feedback information from the pintle position sensor do not match, the computer turns on the check engine light and stores a fault code.

Checking the fault code can be done with a test light and jumper wire at the underhood diagnostic connector, but I would recommend having a repair shop do this for you. Jumping the wrong terminals could damage the truck's computer.

The code helps a mechanic

narrow the search for the fault.

If the code is for EGR as I suspect, then the problem may be caused by a sticking EGR valve, inoperative vacuum or vent solenoid, or a leaking vacuum line.

The vacuum and vent solenoids are located at the left rear side of the engine and the computer uses them to operate the EGR valve. They should click faintly when a warm engine is run above 2,000 rpm.

The vacuum lines run from the solenoids, past the exhaust manifold, and to the EGR valve.

That cracked exhaust manifold may be the culprit after all. Leaking exhaust gases may have burned through one of the vacuum lines. Carefully check all the vacuum lines for any leaks or burned areas and repair any that would stop the EGR valve from working.

Slick hand leads to persistent burnout

Question: The fog lamp bulbs on my 1990 Pontiac Grand AM burn out after only a few hours of use. I purchased this car two years ago and already I have put in seven new bulbs. I doubt that all these bulbs had manufacturing defects, so what is causing them to burn out?

Answer: Two reasons for the fog light bulbs burning out prematurely come to mind.

The first is oil contamination on the bulb. The bulbs are a halogen type that operate at much higher temperatures than regular bulbs.

If there is any oil on the glass, that area of the bulb operates at a different temperature and material vaporized from the bulb filament collected there. Soon, enough material has been lost from the filament that the filament "opens" and the bulb stops working.

Holding the bulb with bare hands can place oil from your skin onto the bulb glass. The remedy is to clean all replacement bulbs with rubbing alcohol or methyl hydrate before installing them. Then be careful not to touch the glass surface!

Excessive vibration may be the second reason these bulbs are burning out.

There is supposed to be a wire retainer clip that holds the bulbs firmly in place and reduces vibration. I have seen cars with these clips missing. Check to see if your car has them.

—Jim Kerr has been an automotive educator for 16 years and currently teaches automotive technology to master mechanics. You can write to Jim here at Test Drive or e-mail your questions to him at critical@cx.net (Test Drive)

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See the 1998 Chevrolet S10 in next month's edition of **ROADWAYS**

Triple A Driving: Awareness, Ability, Attitude

Threshold braking helps you stay in control during emergencies

Triple A/From 1B

You'll quickly begin to comprehend your vehicle's peculiar characteristics.

Roll onto the brakes in a assertive progressive motion. Avoid "jumping" on the brake pedal. Train yourself to apply the brakes this way every time you use them so that you're more likely to repeat the technique when it really counts.

It's a fact that most drivers, upon encountering an emergency braking situation simply stand on the brakes and lock the tires.

It's also a fact that they normally hit what they are trying to avoid because either the thought of steering around it never occurs to them or they are unable to steer because the tires are locked.

You want to train yourself to the point that you're confident that when you're faced with a panic stop, you won't panic that is.

Soon you'll get to the point where you can actively manage the rate of "dive" of the front end of the vehicle. As you develop this skill you'll begin to anticipate lock up by the feeling in the seat of your pants. It will make you a better, safer driver.

At this point the subject of ABS braking systems usually comes up. We've covered ABS before in this space but it's worthwhile to review just the high points in a discussion about threshold braking.

ABS is for steering, not for stopping. The idea is to keep the tires rolling so that you can steer. ABS does this by mechanically pumping the brakes. In almost every case, a practiced driver will bring any given vehicle to a stop faster without ABS than with it. The technique used of course, is called threshold braking.

However, ABS does forgive the untrained driver's tendency to stand on the pedal. Even a highly skilled driver can benefit from that when the conditions are especially challenging.

Tom Hnativ is an advanced driving course instructor who covers the auto industry in all media. He's also the host of his own radio and television programs on cars. Look for this column each week where he covers roadway safety issues. You can write to Tom here at the newspaper (c/o Test Drive) or e-mail your questions to him at critical@cx.net (Test Drive)

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U.S. Sugar Corp. has immedi-
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Operators in their agriculture
department. Must have one
year verifiable work experi-
ence. Willing to work 7 days a
week if needed. Must be able
to do all assigned tasks. Must
be physically fit and mechan-
ically inclined. If qualified,
please apply at our employ-
ment office located on W.C.
Owen Avenue in Clewiston.
U.S. Sugar Corp.
Human Resources Dept.
P.O. Box 1207
Clewiston, FL 33440
Fax: 941-902-2889
EOE/AAP 10/15

EXECUTIVE ASSISTANT for
not-for-profit health organi-
zation in South Bay.
Excellent telephone skills a
must. Knowledge of Windows
95, Microsoft Office and office
support skills a plus. Must be
reliable, organized and a self-
starter. Please send resume to:
Lake Okeechobee Rural
Health Network, Inc., 185
U.S. Hwy 27 South, South
Bay, FL 33493, no later than 5
p.m., Thursday, Oct. 22. No
phone calls please. 10/15

EXPERIENCED EXECUTIVE
Director needed. Administrators
infill, 103 multi-family units/
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to: C. H. L., P.O. Box 410522,
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**FARM TRACTOR OPERA-
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Loxahatchee. Discing fields,
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40 hrs./wk. Call 561-792-
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Complete training provided.
Computer and modern
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Experience required.
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Owen - St., Clewiston.
EOE/DFWP 10/15

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THERAPY** position available
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\$125 for 4 hours. Call 561-
924-2243. 10/15

MEDICAL ASSISTANT in
Belle Glade office. Busy
Pediatric office on Main Street
needs M.A. to take full charge
of all nursing duties. Patient
care to record keeping.
Competent in Phlebotomy &
injections for infants. Top
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benefits. Please fax resume to
561-798-2857; apply in per-
son at 10111 Forest Hill
Blvd., Suite 340, Wellington
or; call 561-790-2600, ext.
205. 10/15

**PART-TIME REGISTERED
NURSE** for night duty at
small Psychiatric Crisis Unit.
Fax resume to: 561-982-1335
or mail to: M. Ward, 1024 NW
Avenue D, Belle Glade, FL
33430. 10/15

RECEPTIONIST NEEDED for
New American Physical
Therapy, Pahokee. Experi-
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Friday, Oct. 16 @ 6pm

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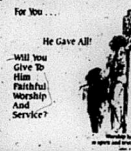


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LEGAL NOTICES

PUBLIC NOTICE
Any person that wishes to obtain their medical records under a subpoena from Broward County Regional Medical Center or the Family Care Center may come in to the hospital on Tuesday, Wednesday and Thursday from 9am - 5pm on October 20-21 and 22 to receive their original records, if available. Proper identification must be shown. After that date, the records will be destroyed. Hospital address: 300 South Barfield Highway, Palmham, Florida.
Published: The Sun, October 15, 1998
Legal No. 98-138

CIVIL SERVICE EXAM FOR CLERK-TYPE
Examinations for the position of Clerk-Typist (City of Belle Glade) will be held at the Municipal Complex from 7:00 p.m. - 9:00 p.m. on 10/20/98.
Applications must be filed with the Personnel Clerk by 4:30 p.m. on 10/20/98.
Civil Service rules will apply.
Published: The Sun, October 15, 1998
Legal No. 98-138

CIVIL SERVICE EXAM FOR DISPATCHER
Examinations for the position of Dispatcher (City of Belle Glade) will be held at the Municipal Complex from 7:00 p.m. - 9:00 p.m. on 10/20/98.
Applications must be filed with the Personnel Clerk by 4:30 p.m. on 10/20/98.
Civil Service rules will apply.
Published: The Sun, October 15, 1998
Legal No. 98-138

CIVIL SERVICE EXAM FOR FURNACE
Examinations for the position of Furnace (City of Belle Glade) will be held at the Municipal Complex from 7:00 p.m. - 9:00 p.m. on 10/20/98.
Applications must be filed with the Personnel Clerk by 4:30 p.m. on 10/20/98.
Civil Service rules will apply.
Published: The Sun, October 15, 1998
Legal No. 98-137

CIVIL SERVICE EXAM FOR FURNACE
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Applications must be filed with the Personnel Clerk by 4:30 p.m. on 10/20/98.
Civil Service rules will apply.
Published: The Sun, October 15, 1998
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'92 GMC SONOMA 6CYL, AIR CONDITIONING	\$4,995	'96 FORD RANGER XLT SUPERCAB 6 CYL., LOADED, LOW MILES, FACTORY WARRANTY	\$11,995	'98 VW JETTA GT 6K MILES, AUTO, LOADED, FACTORY WARRANTY	\$14,995
'91 HONDA CIVIC EX 4DR, AUTO, LOADED, LIKE NEW	\$4,995	'94 EXPLORER XLT P/WIND/LOCKS, TILT, CRUISE, LOW MILES	\$11,995	'96 ASTRO LT 7 PASSENGER, P/WIND/LOCKS, TILT, CRUISE, 19K MILES	\$15,995
'93 TOYOTA TERCEL A/C, LOW MILES	\$5,995	'95 RANGER SPLASH SUPERCAB 4.0 V6, AUTO, A/C, LOADED	\$12,995	'95 FORD MUSTANG GT CONVERTIBLE GREEN/2AN LEATHER, AUTO, 17" WHEELS, LOW MILES	\$15,995
'94 CROWN VICTORIA LX P/WIND/LOCKS, V8, P/STEER, TILT, CRUISE	\$6,995	'97 FORD F150 SPORT AUTO, A/C, TOPPER, FACTORY WARRANTY	\$13,995	'96 WINDSTAR LX DUAL A/C, LOADED, LOW MILES	\$15,995
'94 CHEVY S-10 LS PICKUP AIR CONDITIONING, LIKE NEW	\$6,995	'96 FORD WINDSTAR GL DUAL A/C, P/WINDS/LKS, TILT, CRUISE, LIKE NEW	\$13,995	'97 SEBRING JX CONVERTIBLE AUTO, P/WIND/LOCKS, TILT, CRUISE, LOW MILES, FACTORY WARRANTY	\$15,995
'94 RANGER XLT AIR CONDITIONING, LIKE NEW	\$7,995	'96 FORD THUNDERBIRD LX LOADED, P/WINDS/LKS/SEATS, TILT, CRUISE, FACTORY WARRANTY	\$13,995	'96 FORD CROWN VICTORIA LX 13K MILES, LEATHER, LOADED	\$16,995
'96 F150 XLT P/WIND/LOCKS, TILT, CRUISE	\$8,995	'96 CHRYSLER SEBRING JX CONVERTIBLE AUTO, P/WINDS/LKS, TILT, CRUISE, LIKE NEW	\$13,995	'97 CAMRY LE LOADED, AUTO, FACTORY WARRANTY	\$16,995
'93 TOYOTA 4X4 PICKUP AIR CONDITIONING, LIKE NEW	\$9,995	'96 MAZDA MIATA LEATHER, ALLOYS, LIKE NEW	\$13,995	'96 GRAND MARQUIS LS LEATHER, LOADED, LOW MILES, FACTORY WARRANTY	\$16,995
'97 RANGER XLT AIR CONDITIONING	\$9,995	'96 TAURUS LX LEATHER, LOADED, LOW MILES	\$13,995	'96 FORD EXPLORER XLT P/WINDS/LKS/SEAT, TILT, CRUISE, FACTORY WARRANTY	\$17,995
'97 ESCORT LX 4DR, AUTO, A/C, LOW MILES, FACTORY WARRANTY	\$9,995	'96 CIVIC EX COUPE LOADED, AUTOMATIC, AIR CONDITIONING	\$13,995	'97 EXPLORER XLT P/WIND/LOCKS/STEER, TILT, CRUISE, FACTORY WARRANTY	\$19,995
'96 CONTOUR GL P/WIND/LOCKS, TILT, CRUISE, A/C	\$9,995	'96 HONDA ACCORD LX 4DR LOADED, AUTO, P/WINDS/LKS, TILT, CRUISE	\$14,995	'97 F150 XLT SUPERCAB 5.4 V8, AUTO, P/WIND/LOCKS, TILT, CRUISE, FACTORY WARRANTY	\$19,995
'96 GRAND AM SE 4 DR, AUTO, P/WIND/LOCKS, TILT, CRUISE, LIKE NEW	\$9,995	'95 JEEP GRAND CHEROKEE LAREDO P/WIND/LOCKS, TILT, CRUISE, LIKE NEW	\$14,995	'97 F250 XLT SUPERCAB 4X4 V8, AUTO, P/WIND/LOCKS, TILT, CRUISE	\$21,995
'94 TOYOTA 4X4 PICKUP A/C, LOW MILES, LIKE NEW	\$10,995				

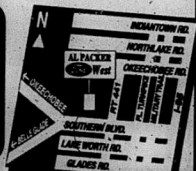


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